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Man seriously hurt as 3 stabbed

ALTERCATION A 20-year-old man is in serious but stable condition with a stab wound to his head after a fight outside a Vancouver club early yesterday morning.

Two other men, both 19, were also stabbed in the arms and legs in what Vancouver police Const. Jana McGuinness called "an alcohol-fuelled fight."

The altercation occurred near Boss Nightclub — which used to be Atlantis Nightclub — close to Richards and Drake streets around 2:20 a.m.

Two men have been taken into custody in connection with the assault, police are still looking for a third.

KRISTEN THOMPSON /METRO VANCOUVER

Sledge cup **Canada takes gold**

JEFF HODSON/METRO VANCOUVER

Canadian forward Shawn Matheson, right, upends U.S. defenceman Jimmy Connelly during the gold medal final of the Hockey Canada Cup sledge hockey tournament last night at the University of British Columbia Thunderbird Arena. Canada won the game 2-1 with the winning goal scored in a shootout in front of more than 1,800 cheering fans.

'Lucky' snowboarder ignored warnings

Man, two friends survive avalanche in Central Kootenays

SAM SMITH
for Metro Vancouver

A 32-year-old man recovering at Vancouver General Hospital after being caught in an avalanche said yesterday he's eager to pick up his snowboard and return to the slopes next winter.

Ryan "Rusty" Coates has a broken ankle, a few fractures in his right foot and a crack in his back, along with minor injuries.

On Friday, Coates and two friends ignored avalanche warnings and headed to an area in the Central Kootenays where they have been skiing and snowboarding for 12 years with no previous accidents.

"Yup, yup, we knew about the warning," Coates said. "We decided to go into the trees, then we hit the bowl."

At about 4 p.m. that day the three friends looked up to see a wave of snow rushing down on them.

"I was on the snow level, pinned between two trees," Coates said. "I was stuck, hanging upside-down, looking at the snow."

While Coates was stuck in a tree, his friends escaped and called for help.

"It took a while for the snowboard to snap. The pressure from the snow eventually did it, smashing my ankle with it when (the snowboard) broke."

A heli-skiing company responded to the call for assistance and flew trained guides to the scene before nightfall. Coates was towed in a snowmobile trailer and was airlifted to VGH.

"I find myself really lucky, I still can't believe it happened," Coates said.

According to his brother, Rob Coates, 34, it'll be at least three months before his sibling completes physiotherapy treatments and returns home to Nelson.

TV doesn't affect babies, says report

STUDY Whether watching television hurts or helps babies' development has divided researchers and parents. A study released today concluded it does neither.

The study of 872 children found no correlation between the amount of time they had spent viewing television before they reached two years of age and their progress at age three.

The American Academy of Pediatrics recommends children younger than two never watch TV, while some videomakers promote their wares as educational.

In the study, children were given vocabulary, drawing, object matching and pegboard tests to evaluate verbal and motor skills at age six months and again at three.

Those who had watched more television as infants performed less well on tests at age three, but the effect disappeared after adjusting for the mother's education, vocabulary, household income and other socioeconomic factors.

The researchers also cited another study that found more TV viewing at age three correlated to less verbal ability at age six. They suggested the detrimental effect may not show up until children are older than three and more verbal. Even so, there are reasons to curtail children's television viewing, including increased risks of being overweight, developing attention problems and not getting enough sleep.

REUTERS

Riding the **Recession**

Now through the end of March, Metro will share advice on how to cut down on expenses and navigate your way through the recession.

Canada

- **The recession isn't only hitting your pocketbook; cities are seeing a decrease when it comes to their recycling programs, pg 3**

Comments & Views

- **Anne Hines gives us a lesson in recession etiquette, pg 8**

Tomorrow

- **Inexpensive exercise options that won't make you break an economic sweat, and Josey Vogels tells you what the economy means for online dating.**

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City's fire chief to hang up his hard hat this spring: City manager
Vancouver's Fire Chief Ray Holdgate is retiring to spend more time with his family, according to an email from city manager Penny Ballem. Holdgate worked as a firefighter for 35 years. His last day will be May 1. **NEWS1130.COM**

Local

He's our man — in April

Tickets to Leonard Cohen's show at GM Place go on sale today. The Montreal-born poet and musician performs on April 19. One of Cohen's best-known songs, Hallelujah, has been recorded more than 180 times by different artists and is the subject of a BBC radio documentary. METRO VANCOUVER

Cityty
ROGERS

Taser's handler to speak for first time

JEFF HODSON
jeff.hodson@metronews.ca

The RCMP officer who Tasered Robert Dziekanski at Vancouver's airport will begin testifying today at an inquiry into the death of the Polish immigrant.

It will be the first time that Const. Kwesi Millington has spoken publicly about the high-profile death that occurred on the morning of Oct. 14, 2007.

Millington, along with constables Gerry Rundel and Bill Bentley and Cpl. Benjamin Robinson, confronted Dziekanski at the gates to YVR's secure international arrivals area.

Dziekanski was Tasered and handcuffed and died shortly afterwards. A tourist from Victoria recorded the incident, and the footage was broadcast around the world.

The testimony of Rundel and Bentley differed slightly in their accounts of the Tasering. Rundel, who testified first, said Dziekanski was still standing when Millington Tasered him for a second time. He said he recalled Cpl. Robinson saying to "hit him again."

Bentley, however, after reviewing the video, said Dziekanski went down after the first activation of the conducted-energy weapon.

The inquiry, which is headed by retired justice Thomas Braidwood, heard previously that the Taser was fired five times and for a total of 31 seconds.

The three final activations were in "push-stun" mode, the device's pain-compliance setting.

ShareYourViews
vancouverletters@metronews.ca

Curling **Cheering for Canada**

ANDY CLARK / REUTERS

B.C. skip Marla Mallett shouts to teammates as Team Canada's Dawn Askin watches during the final of the Canadian Women's Curling Championships in Victoria yesterday. Team Canada won 8-5 but Mallett's second-place showing earned her team a spot in the Olympic pre-trial tournament held this November in Prince George.

News in brief

DISTURBANCE Vancouver police were called to the Aquatic Centre on Beach Avenue after reports of a man urinating on another man. The suspect attacked police sending himself and one officer to hospital with injuries.

DOG ATTACK A Mission man has been released from hospital with injuries to his leg after being attacked by three pit bulls. RCMP said the man was able to fend the dogs off and jump into his car for safety. The dogs then wandered to an adjacent property and bit a horse.

CHOPPER Following the success of Air 1, which has aided in 1,300 arrests so far — the VPD are welcoming a new helicopter, Air 2, news1130.com reports. The new chopper cost $2.3 million.

DRUGS A pot-legalization activist has been sentenced to 30 days in jail, four years after police seized 26 marijuana plants from his home, news1130.com reports. Fred Pritchard, 41, pleaded guilty to the crime. METRO NEWS SERVICES

New bridge to be funded by province

TARYN MCELHERAN
for Metro Vancouver

BRIDGE The British Columbia government is funding the new Port Mann Bridge entirely, after it was unable to reach a deal with a private consortium.

Transportation Minister Kevin Falcon said that contractors Peter Kiewit Sons Co. and Flatiron Constructors Canada Limited, have agreed to a price-fixed contract and will be responsible for any cost overruns on the $2.46-billion bridge.

The project, a 10-lane bridge to replace the current five-lane span over the Fraser River, is still scheduled for completion in 2013.

Costs are expected to be recovered by charging drivers a toll of about $3 per car.

Three killed, one hurt in Highway 5 collision

CRASH Three people are dead and one is in critical condition after a head-on collision on Highway 5 north of Kamloops that took place at 9:30 a.m. yesterday.

The crash involved a semi and an SUV, which collided just two kilometres from Heffley Creek, according to RCMP Cpl. Annie Linteau.

The SUV was crushed, leaving the semi and its driver unharmed.

RCMP, traffic services and a traffic analyst have yet to determine the cause of the collision.

Police shut down the highway for several hours, forcing traffic to take a detour. METRO VANCOUVER

Skier missing for nine days died of hypothermia: Coroner

GOLDEN A Montreal woman who was lost for nine days after skiing in the backcountry near Golden died of hypothermia, the B.C. Coroners Service has confirmed.

Marie-Josée Fortin, 44, and her husband, Gilles Blackburn, 51, got lost while skiing out of bounds at Kicking Horse Mountain Resort on Feb. 15.

Blackburn was rescued by a helicopter on Feb. 24, a day after the couple had been reported missing by family in Montreal. It's not clear when Fortin died.

The RCMP has apologized for not initiating a search for the couple after skiers spotted several SOS signs, which were marked in the snow, on Feb. 17 and Feb. 21 METRO VANCOUVER

Man in critical condition after weekend shootings

SURREY A man is in hospital in critical condition after being found shot inside a Surrey home.

Police said the victim was shot late Friday — the first of two shootings that night — near 130th Street and 108th Avenue.

He is known to police, but RCMP said the incident doesn't appear to have been gang-related.

A few hours later, police received reports of shots being fired just down the road. Officers arrived at 130th Street and 68th Avenue around 12:15 a.m. and found shell casings, but no victim.

"A police service dog (found) a male believed to be associated to the house," said RCMP Insp. Dave Attfield.

A second man was found in Delta and is being held by police.

"No injured persons have been discovered at this point," said Attfield. "It is suspected that this was a targeted attack."

KRISTEN THOMPSON / METRO VANCOUVER

metronews.ca
What's online today.

Watch Investors brace for a gloomy week amid rumours of U.S. bank nationalizations at **metronews.ca/canada**

Watch Environment Canada cautions to not put away the winter clothes just yet at **metronews.ca/canada**

Read Kenya Hunt reports from Milan Fashion Week, where boots reach for the thigh.

Lotteries

Friday, Feb. 27
Lotto Super 7: 4, 19, 24, 25, 27, 33 & 34. Bonus 32.
Extra: 9, 41, 46, 50
Saturday, Feb. 28
Lotto 6/49: 2, 8, 26, 46, 48 & 49. Bonus 34.
BC 49: 25, 30, 32, 34, 39 & 48 Bonus 41
Extra: 23, 49, 56, 98
These results are not official.

Reading program pairs kids with dogs
A program unique in Canada is pairing elementary school kids with therapy dogs from St. John's Ambulance and bringing them all together at the Winnipeg Humane Society. It's called See Spot Read. **CBC NEWS ONLINE**

Canada/World

Afghanistan unwinnable: PM

WAR Prime Minister Stephen Harper said yesterday the insurgency in Afghanistan cannot be defeated and Canada would not provide more troops without a clear exit strategy.

Harper said in a CNN interview that Afghanistan needs an indigenous government that can manage the insurgency and is not perceived as foreign-installed.

"We are not going to win this war just by staying," Harper said. "My own judgment is, quite frankly, that we are not going to ever defeat the insurgency."

"We have to have an Afghan government that is capable of managing that insurgency and improving its own governance," he told CNN's Fareed Zakaria GPS.

U.S.-led forces toppled the Islamist Taliban government in 2001 for harboring the al-Qaida network responsible for the Sept. 11 attacks against the United States.

But a Taliban insurgency has steadily gained ground in the last few years.

REUTERS

Canada's mission

- Canada has about 2,700 soldiers based in Kandahar in southern Afghanistan as part of the NATO mission. The Canadian mission is due to end in 2011. More than 100 Canadian soldiers have been killed in the conflict.

Gains made in stem cell research

SCIENCE Researchers from Canada and Britain said yesterday they had found a safer way to transform ordinary skin cells into powerful stem cells in a move that could eventually remove the need to use human embryos.

It is the first time that scientists have turned skin cells into induced pluripotent stem cells or iPS cells — which look and act like embryonic stem cells — without having to use viruses in the process.

The new method also allows for genes that are inserted to trigger cell reprogramming to be removed afterwards.

Stem cells are the body's master cells, producing all the body's tissues and organs. **REUTERS**

RICK EGLINTON/TORSTAR NEWS SERVICE

Scientist Dr. Andras Nagy of Mount Sinai hospital led a Toronto study in conjunction with a British team that was part of a breakthrough in stem cell research.

News in brief

SECURITY Canada's border agency allows some strategic nuclear and military equipment to leave the country without checking whether terrorists are the buyers, a report suggests. It comes shortly after Prime Minister Stephen Harper assured U.S. President Barack Obama that Canada takes border security seriously.

IMMIGRATION A Federal Court verdict calls a visa officer in Pakistan close-minded and incompetent for an "indefensible" decision that stopped a Toronto women's organization from bringing a widow and her three children here from Kabul.

COURTS Ontario courts have a duty to accommodate religious beliefs, and that means a Toronto woman who wants to testify while wearing her niqab — a veil — must be allowed to do so, the Ontario Human Rights Commission says.

TORSTAR NEWS SERVICE

City recycling programs feeling economic pinch

TRACEY TONG
Metro Canada

Riding the **Recession**

SERVICES In a recession, there are lots of differences people will notice. But the effect of changing economic times on a city's recycling program is not one of them.

But while residents won't see a change to recycling programs, cities across Canada will notice a difference, said Albert Shamess, director of solid waste services for the City of Ottawa.

"The issue for us and for all cities is the reduction in revenue for recyclables," Shamess said.

Ottawa collects recyclables with proceeds going to running the recycling program. During a recession, these items go for less money, Shamess said.

In Toronto, the city's monthly recycling revenue for the sale or curbside materials is about $1 million to date in 2009. In 2007 and 2008, the monthly revenue was roughly $2 million.

Chris Underwood, a solid waste management engineer with the City of Vancouver, said he's also seeing a drop in revenue.

"Based on what I know about the economy, the outlook doesn't look very good for the rest of the year but it's unknown."

Mutineers to be tried

At least 80 dead after uprising in Bangladesh

Special tribunals will try Bangladeshi paramilitary mutineers who killed at least 80 people, mostly army officers, in an uprising last week, government and military officials said yesterday.

More than 70 potential victims are still missing after the mutiny by members of the Bangladesh Rifles (BDR) border guards, which broke out on Wednesday, officials said.

The bodies of officers, and some family members, have been found in mass graves within the BDR compound in Dhaka and in sewers and canals. The mutiny, over pay and command structure, spread to about a dozen smaller towns across Bangladesh.

"We will punish the killers and their mentors after a proper investigation and fair trial."
Prime Minister Sheikh Hasina

Witnesses said about 1,000 BDR troops who had fled their headquarters after the two-day mutiny had returned and were having their identities checked. But thousands remain at large, police said.

Prime Minister Sheikh Hasina told parliament yesterday she had ordered police, the army and the elite Rapid Action Battalion to fan out across the country to capture mutineers, and seize any weapons they had.

Police said they had identified up to 1,000 BDR members as suspects, and some could be charged with murder.

"We will punish the killers and their mentors after a proper investigation and fair trial," Hasina said yesterday. **REUTERS**

Pro-Kremlin party claims wide support

ELECTION Russia's ruling party, facing its first major electoral test amidst the economic crisis, claimed strong support in local elections yesterday, but the opposition Communists and nationalists complained of cheating.

Few official results were available yesterday, but United Russia chairman Boris Gryzlov told local media his party "was showing high results" in all nine regions holding elections for regional and municipal legislatures.

Opposition parties denounced the Kremlin for what they said was an unusually high level of dirty tricks in the campaign preceding yesterday's polls, when 20 million Russians were eligible to vote. **REUTERS**

Experimental bird flu vaccine made

HEALTH Scientists in Hong Kong and the United States have developed an experimental H5N1 bird flu vaccine for people by piggybacking it on the well-tested and highly successful smallpox vaccine.

Initial tests on mice showed the vaccine to be highly effective, they told a news conference in Hong Kong yesterday. **REUTERS**

Armenia **Calls for an election**

NAZIK ARMENAKIAN/REUTERS

Opposition supporters shout slogans during a rally in central Yerevan yesterday. At least 10,000 anti-government protesters in Armenia yesterday demanded early elections to mark one year since deadly clashes between police and opposition activists in the former Soviet republic.

Drug war spills over into U.S.

VIOLENCE Authorities are fearing that violent crime is beginning to bleed over into the United States from Mexico, where drug cartel abductions and executions are a daily feature of a raging drug war that claimed 6,000 lives last year.

Execution-style murders, violent home invasions and a spiralling kidnap rate in Phoenix — where police reported an average of one abduction a day last year linked to Mexican crime — have all been observed.

Taking action, Washington has stepped up its support, pledging to give Mexico helicopters, surveillance aircraft, inspection equipment and police training under a $1.4-billion US plan to beat the cartels.

REUTERS

News in brief

MIDDLE EAST U.S. Secretary of State Hillary Clinton arrived in the Middle East yesterday, delving into Israeli-Palestinian peacemaking for the first time at an international donors conference for Gaza. The United States is expected to pledge more than $900 million US.

REUTERS

EI applications swamp processing centre

Thirty-thousand people in Atlantic Canada are waiting for their Employment Insurance claim to be processed; 8,000 of them have already been waiting for longer than the 28-day mandated response time. Applications have been piling up since September as the number of people laid off increases. **CBC NEWS ONLINE**

Business

Merkel wants rules changed

EU rules that determine how much capital banks set aside to cover risk should be changed to make lending to the economy easier, German Chancellor Angela Merkel said yesterday. Critics of the Basel II rules say when a bank's assets become untradeable or fall in value due to plunging stock markets, banks are forced to top up their capital and have less cash for lending to the economy. REUTERS

EDITOR: FERMIN.DESOUZA@METRONEWS.CA

Rate cuts near end?

The Bank of Canada looks set to deliver a hefty half-point interest rate cut tomorrow that should boost the loonie and bonds, but it may also signal its 15-month rate-cutting campaign is near an end.

The rate reduction is seen as a slam dunk by markets, with two-thirds of primary securities dealers forecasting a half-point easing that would take the interest rate to a record low of 0.5 per cent.

Regardless of the size of the cut, most dealers see it as the final rate change by the bank in 2009.

"The bank in their statements and comments has not seemed overly geared to cut further and don't seem to be drinking the same pessimistic Kool-Aid that everybody else is drinking at this point," said Doug Porter, deputy chief economist at BMO Capital Markets.

But given governor Mark Carney's propensity to surprise, forecasters are quite prepared to be wrong.

REUTERS

Reprieve for GM, Chrysler, report says

AUTOMOTIVE Canada's industry minister said the government is willing to negotiate an aid deal with General Motors Corp. and Chrysler past an end-of-March deadline, according to a media report.

The article, citing an interview with Industry Minister Tony Clement Friday, said the Canadian government has also looked at "Plan B" scenarios in the event one of the companies goes bankrupt.

It reported that Clement said there are signals the administration of U.S. President Barack Obama is willing to extend a March 31 deadline by which GM and Chrysler have to submit reports to the Treasury as a condition for government aid.

REUTERS

In brief

INSURANCE American International Group is close to a deal with the U.S. government that would ease the terms of its bailout, provide a further equity commitment and help it pay down debt, a person familiar with the matter said Saturday. The revised agreement is expected to include an additional $30 billion US equity commitment.

REUTERS

Women better with money, international survey finds

RESPONSIBLE When it comes to money, women really are more responsible than men, with an international survey finding that they are less likely to get into debt and tend to strive harder to become financially independent.

The global Reuters Synovate survey polled some 4,500 women in 12 countries about money matters. An equal number of men were also asked several questions related to finances.

The survey showed that just over half of respondents of both genders said women are more responsible with money than men, with the highest level of agreement found in Mexico, where 72 per cent of people believed women were better at handling finances.

And though more than 40 per cent of women use part of their monthly income to pay off credit cards, some 70 per cent of female respondents also said that having more than one credit card could lead to financial debt, revealing women's higher awareness.

REUTERS

New Metro launches in Moscow

MEDIA Today Metro International launches a brand new paper in Moscow, one of the most exciting cities in the world.

The new-look paper will cover the best of what Moscow has to offer, from the latest local news and politics, to the hottest sporting talent, travel destinations and reports from the frontline of the Russian capital's fashion scene.

It will also publish international news stories from Metro International.

Today's front page of Metro Moscow.

More than nine million people use the subway in Moscow every day, one of the highest in the world.

Moscow is Europe's largest city, with a population exceeding 15 million people.

METRO WORLD NEWS

EU, Asian leaders reject protectionism

GLOBAL CRISIS European and Southeast Asian leaders yesterday rejected protectionism to safeguard their national interests against a global financial crisis, spelling out their blocs' commitments to co-ordinate policies.

The European Union pledge of unity came at a summit intended to bridge differences over how to fight recession and address fears that some countries could take steps that undermine the EU commitment to a single market and solidarity between members.

The Association of South East Asian Nations (ASEAN), holding a summit on the same day, endorsed fiscal stimulus, monetary easing, access to credit and trade financing, and measures to stimulate domestic demand.

Warning that recession could cause new divisions in Europe two decades after the collapse of communist rule in the east, Hungarian Prime Minister Ferenc Gyurcsany said: "We should not allow a new Iron Curtain to ... divide Europe into two parts."

Addressing such concerns, a draft statement prepared for the summit on trade declared: "The meeting must ensure that maximum possible use is made of the single market as an engine for recovery to support growth and jobs."

REUTERS

Opportunity knocks
Volunteer Vancouver is seeking a polished MC for its 21st Annual Celebration on April 30 at the Centre in Vancouver. Estimated commitment is 15 hours over a two-week period. Apply to lgerty@volunteervancouver.ca. For more volunteer opportunities, search govolunteer.ca. **METRO NEWS SERVICES**

Community Spirit

SPECIAL FEATURES EDITOR: STEPHANIE.BOMBA@METRONEWS.CA

‘There is definitely a role for you’

RAFAEL BRUSILOW
for Metro Canada

Volunteering is alive and well in Canada and there are more ways to give back than ever before.

In the most recent report on volunteering in Canada, 12 million Canadians said they volunteered in 2004, or roughly 45 per cent of the population at that time. That number is substantially higher than in 2000, when only 27 per cent of Canadians said they volunteered.

Volunteers across Canada gave two billion work-hours of their time in 2004, the equivalent of one million full-time jobs, with an average contribution of 168 hours each, compared to 1.05 billion work-hours volunteered at an average of 162 hours each in 2000.

Shirley Weir, communications director for Volunteer Vancouver, says the stats show that volunteers abound in Canada.

“Many stories we read give us the impression that there aren’t enough volunteers, but there are plenty of people who are passionate about causes and want to give back their career skills and expertise to their community,” Weir said.

She says the volunteering world is on the verge of a major paradigm shift that is seeing less focus on using volunteers for menial tasks in an organization and more acceptance of “knowledge philanthropy” — where skilled people donate not only their presence, but their advanced talents as well. While traditional volunteer roles are still needed — stuffing envelopes, canvassing door-to-door, helping with inventory handling — “new volunteers” might be more inclined to create a website for the cause, do an organization’s taxes, provide advanced productivity consulting or help craft a budget.

Volunteers don’t just stuff envelopes; “New volunteers” might be more inclined to create a website for the cause, for example.

Karen Franco, communications director for Volunteer Calgary, says 71 per cent of Calgarians surveyed in 2005 said they volunteer and an increasing number are offering their knowledge skills to help make a difference.

“There’s a trend towards rethinking what volunteering is. If you’re an IT or communications expert or a human resources specialist, there is definitely a role for you,” Franco said.

Deborah Gardner, executive director of Volunteer Toronto, says at least 500,000 Torontonians volunteered their time last year and the need for knowledge philanthropy was a large part of that number.

“In Toronto we have a deep and rich diversity of skills and, consequently, a great need for them,” Gardner said.

Across Canada, volunteers are discovering the satisfaction that comes with making a positive impact in their communities.

“Volunteering comes down to the individual feeling of being connected and giving back to your community. It gives you a strong sense of making a contribution,” Gardner said.

Getting started

- **Think deep.** The most common reason people give for volunteering is believing in a cause; find something you care about.
- **Aim for change.** If you want to make the world a better place, decide on what needs to change.
- **Use your brain.** Make a list of what skills you have to offer, such as your talent for organization. That way, you’ll know how to make the biggest impact.
- **Walk both ways.** Think about what skills you’d like to practise and develop yourself. Volunteering can be a great opportunity to do something you wouldn’t have a chance to do otherwise, like writing.
- **Ask first.** Talk to your chosen organization about its philosophy, goals and, most importantly, what roles it has available for you.

— RAFAEL BRUSILOW /FOR METRO CANADA

Interest rates/Savings accounts
METRO NEWS SERVICES

BMO	CIBC	HSBC	ICICI	ING	PCF	RBC	Scotia	TD
2.25 %	0.2%	2.25%	2.5%	2.3%	2.35%	2.0%	2.25%	0.05%

Note: Please check bank websites as some rates require a minimum account balance.

Your Money

EDITOR: NINA.DRAGICEVIC@METRONEWS.CA

Is it time to switch advisers?

Are you a conservative investor? Of course you are. Who wouldn't be after a year in which stock portfolios dropped 30 to 70 per cent in value?

But being a conservative investor means different things to different people. Marketing consultant Dan Richards asked a cross-section of affluent Canadians about their investments in spring 2007. Almost without exception, they defined their philosophy as quite conservative, very conservative or extremely conservative. One successful doctor said he didn't buy technology stocks and penny stocks. He focused on "safe blue chips such as the banks and Bell."

Who knew that banks and Bell would take a nosedive? Nothing is safe anymore and no stocks are immune from contagion in a worldwide credit crisis.

Only guaranteed savings products can keep your capital intact. But they also guarantee low returns, which may be eroded by inflation and taxes.

Nothing is safe anymore and no stocks are immune from contagion in a worldwide credit crisis.

Richards interviewed investors again last fall and found a significant erosion of confidence in financial institutions and financial advisers. Some felt they had received poor advice: "I was told owning bank and life insurance company stocks was safe for conservative investors."

Some wished they had been warned of the volatility ahead: "Why wasn't I told to get out? Firms must have known."

There's a growing backlash against passive, buy and hold strategies and advisers who fail to provide direction, he said.

How do you know it's time to leave? Here are some questions to ask about the quality of service you've received, courtesy of Richards.

There's a growing backlash against passive advisers who fail to provide direction, one consultant said.

• Did my investment adviser take a plan-based approach in the first few meetings, talking about the rate of return I needed to achieve my long-term goals?

• Did my adviser warn me how bad things could get in the short term? Was I told that stock markets could drop 30 per cent or more in a single year?

• Did I have a conversation with my adviser a year ago, before this severe downdraft, about my long-term needs and the appropriate level of equity investments?

• In the past six months, to what extent has my adviser been available and accessible to me by telephone? Am I being informed about what's going on in the markets?

• Has my adviser ever discussed the risk I was taking with my equity investments and my level of comfort with that risk?

• Has my adviser suggested hedging the risk in any way?

TORSTAR NEWS SERVICES

MoneyMatters

Henry Choo Chong

choochonghcga@yahoo.ca

Henry's tax tips

When completing tax returns, claim deductions to reduce taxable income, such as:

- Childcare expenses
- RRSPs
- Professional, union dues
- Interest and carrying charges
- Business losses
- Capital losses
- Employment expenses, etc.

Check for any possible missing claims such as the following:

- Spousal or common law amount (same sex or not)
- Eligible dependent
- Canada employment credit
- Public Transit credit
- Children's fitness credit
- Caregiver amount
- Tuition and education amounts
- Medical or donations

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Marine Way Market
Metropolis at Metrotown
Metropolis at Metrotown (kiosk)
CASTLEGAR
635 Columbia Ave.
CHILLIWACK
Cottonwood Mall
COQUITLAM
Coquitlam Centre
CRANBROOK
First Pro Cranbrook
DELTA
Scottsdale Centre
DAWSON CREEK
600 113th Ave.
FORT ST. JOHN
7924 Alaska Rd
Totem Mall
KAMLOOPS
Aberdeen Mall
Real Canadian Superstore
Lansdowne Village
KELOWNA
Dilworth Shopping Centre
Orchard Park
LANGLEY
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Good manners matter

Keeping up with the latest in proper recession etiquette

HineSight
Anne Hines
metronews.ca/hinesight

Even in these times of financial restraint, there are still some things we don't have to do without. I don't mean having fun or believing the reason corporate CEOs make millions a year is because they know what they're doing. That's all over. What we still have, even when the world is going to hell in a handbag — and definitely not a Prada — is the chance to behave like civilized human beings.

Good manners matter. They're what separate us from the animals. That, and being able to get credit cards. But keeping up on the newest recession etiquette can be a challenge. How many of us lately have lain awake the night before an important dinner party wondering, "Which fork do I provide for the Spam course?" or "Is it rude to use the phrase 'disposable income?'"

Help is at hand. Here's answers to your most commonly asked recession-etiquette questions:

Dear Anne: I'm having dinner with a former wine snob who has fallen on hard times. What should I say?

Answer: *"What interesting wine. 2008 was certainly an excellent year for grapes in Moosanee." Or "It's wonderful how you're trying to conserve cork trees by buying wine in those big plastic jugs."*

Dear Anne: I have a vacation planned at an expensive hotel. Is there some way I can get out of tipping the maid?

A: *Sleep on the floor and shower in the lobby fountain.*

Dear Anne: My fiancé thinks we should scale down the lavish wedding I planned before the economy tanked, but I say, "You only get married once … or two or three times, tops." Is there a way to throw a low-cost reception that will still have our guests talking?

A: *Pass out KFC snack packs in the church parking lot. Believe me, they'll talk.*

Dear Anne: I'm starting my first job and the dress code is "no jeans." I can't afford new clothes. What should I do?

A: *This is your chance to be both creative and a stand out. Go through your closet and review what clothes fit this code. For instance, "no jeans" does not mean no leftover prom dress, wet suit or long underwear.*

Having good manners will help us weather this recession with élan. And, what's even better? They're absolutely free.

Anne Hines is an author and humour writer. She has written three novels and one collection of nonfiction humour.

MICHAEL DE ADDER

Views

Writing was no Short Turn for Cox

InTransit
Derek Moscato
metronews.ca/moscato

It has been an extraordinary two months for Michael Cox, the Coast Mountain Bus Company driver from East Vancouver who was fired in January because of his blog, Short Turns.

As first reported in Metro, Cox received his walking papers from Coast Mountain — a TransLink subsidiary — because of a complaint lodged about the online publication, which described his experiences driving a bus.

Cox, who was still a probationary employee, had also written about the bus service's shortcomings during this winter's brutal snow storms. It would prove to be his undoing.

Since then, his story has become a small-scale cause célèbre locally. He has been interviewed for radio and television programs, and his termination has become a popular, but sometimes contentious, talking point with other bloggers.

His name is now included on an international list of blogging employees who have been fired in recent years — which also includes Chez Pazienza, a television producer who was fired from CNN, and Llewellyn Kriel, a South African journalist who suffered a similar fate with The Sowetan newspaper.

Cox admits the attention has made for an eye-opening experience.

Still, it's too bad his stint as blogging bus driver had to end. Short Turns shed some light on the important role that drivers play in our communities.

The blog enjoyed a growing local readership. Even TransLink's official blog, The Buzzer, linked to it.

I remember being moved by the blog's account of one bus operator who quite heroically helped an injured woman get medical help at a busy bus exchange on New Year's Eve.

Apparently I wasn't alone in my enthusiasm. The blog enjoyed a growing local readership. Even TransLink's official blog, The Buzzer, linked to it. And, according to Cox, the site's editor had actually approached him to write for the publication.

All of this was for not, however, when Cox received a phone call from his union telling him that he was being called before management to explain himself — and his blog. Fearing for his job, he erased it the morning before his fateful meeting.

It's a decision he now regrets.

But there's new life for Short Turns after all. Last week, he reinstated his blog at shortturnsredux.wordpress.com. He is also taking his story to academia — talking to journalism and public relations students at local colleges.

Cox may have had a short turn as a bus driver, but his career as a writer and free speech advocate has apparently only just begun.

Derek Moscato is a writer with a focus on urban issues, transportation, architecture and economics; dmoscato@yahoo.com.

Worth mentioning

Success story with a twist

HEALTH Cody was dying of lymphoma and would probably not have made it to his eighth birthday had his family not taken him to one of the only hospitals that offers the bone marrow transplant he needed. Two weeks after being admitted, Cody's doctors say the procedure was a success. He is hopefully cancer-free for the rest of his life. It's a success story with a twist — Cody is a Golden Retriever.

Dr. Steven Suter, an assistant professor of oncology at the College of Veterinary Medicine at North Carolina State University, took a well established protocol for humans and applied it to dogs.

Suter says lymphoma is one of the most common cancers in dogs and while chemotherapy will extend a dog's life for a couple of years, in the end 98 per cent of patients succumb to the cancer.

His answer: Cure the dog using the same methods that would be applied to a human with lymphoma.

The procedure involves a leukophoresis machine, a system designed to harvest stem cells from the patient's blood, in conjuction with a drug therapy that helps extract stem cells from bone marrow.

A bone marrow transplant for a dog costs $15,000.

Suter explains that the cost is high because the drugs and protocols used are the same as in humans, but he argues that compared to other options, it may well be the best one.

REUTERS

Metro Online Poll Results

25% SAID YES	Will tougher laws be enough to reduce gang crime? *Weigh in on today's question at metronews.ca*	75% SAID NO

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Brodeur hits century mark in shutouts
Martin Brodeur earned his 100th NHL regular-season shutout with a 27-save effort as the New Jersey Devils beat the Philadelphia Flyers 3-0 yesterday. **METRO NEWS SERVICES**

Sports

EDITOR: JOHN.CHICK@METRONEWS.CA

Canucks build lead on Jackets

NHL RESULT

Blue Jackets 1 Canucks 3

VS

SCOTT RINTOUL
for Metro Vancouver

LYLE STAFFORD/RETEURS

Vancouver Canuck Ryan Kesler, centre, celebrates his goal against the Columbus Blue Jackets with teammates Mats Sundin, left, and Pavol Demitra during the third period last night.

THE SKINNY: Sami Salo and Ryan Kesler scored goals on back-to-back power plays to pace the Canucks to their 10th win in 12 games. Alex Burrows added the insurance marker in the third period to put further distance between the Canucks and Jackets in the standings. Vancouver currently sits fifth with 72 points, which is four better than sixth-place Columbus.

THE SIN BIN: Columbus sniper Rick Nash was in the box for both of Vancouver's power-play goals after taking a hooking penalty late in the first period with the Blue Jackets already down a man.

THE STREAK: After losing nine-straight home games in the month of January, the Canucks have now won the five consecutive contests at GM Place since that lengthy debacle.

THE RETURN: Mattias Ohlund's assist on Salo's goal moved him within one point of Jyrki Lumme and Dennis Kearns for most career points by a Canucks defenseman. Ohlund has racked up 320 points over 11 seasons in Vancouver.

THE RATING: Ossi Vananen was a spectator for his first game as a Canuck. He watched his new squad's victory from the press box despite practising with the team on Saturday.

THE RATING: The Canucks outplayed the Jackets for the bulk of this game, but it wasn't packed with highlights from start to finish. 3.5 out of five stars.

THE NEXT GAME: The Canucks host Northwest Division rival Minnesota tomorrow, as Vancouver's four-game home stand continues.

Briere fallout creates trade options

If the Canucks are able to pull the trigger on a trade before Wednesday's deadline, Vancouver loyalists will have Paul Holmgren to thank.

The Flyers GM has handed out some big-dollar deals over the past two years, beginning with a monstrous eight-year contract for Daniel Briere in the summer of 2007. That pact cost the Flyers two players on Friday when Glen Metropolit and Ossi Vananen were placed on waivers in order to make sufficient room under the salary cap for Briere's return to the lineup.

ToulBox

The Canadiens claimed Metropolit while Vananen was snagged by Canucks in a move to further bolster their blue-line. On the surface, Vancouver gets a six-foot-four, 212-pound defenseman with 476 games of NHL experience, but the larger implication is that Mike Gillis now has the opportunity to move a rearguard in a deal before Wednesday. Laurence Nycholat is close to returning from an ankle injury, which would make nine experienced Canucks blue-liners.

Though Gillis has repeatedly stated the Canucks aren't interested in dealing top prospects or high draft picks, the lack of activity leading up to the deadline could drive prices down to something he could afford.

Scott Rintoul is a college athlete, sports fan and broadcaster. He can be heard Monday-Friday on the TEAM 1040 from 6-9 a.m. scott.rintoul@team1040.ca.

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Eco-friendly studio for Jimmy Fallon

Jimmy Fallon is taking over for Conan O'Brien as Late Night host tonight — and his new studio digs are going to be as green as possible. "Everything is recycled," he recently told The New York Post. "We are building everything with recycled metals and using all green lighting." METRO NEWS SERVICES

Going Green

Cut down on junk mail

Don't just chuck that unwanted fax or junk mail into recycling bin. Remove yourself from the mailing list by contacting the company directly or calling the Canadian Marketing Association (416-391-2362) and asking that your name be taken off their list. Also, put up a "No Junk Mail" notice on your mailbox.

TORSTAR NEWS SERVICE

EDITOR: MIKE.DEREZYCKY@METRONEWS.CA

The cost of using road salt

EarthTones

Sophia Dore & Andrew Laursen

earthtones.metro@gmail.com

TORSTAR NEWS SERVICE FILE PHOTO

A front-end loader carries a load of salt to a waiting truck in Toronto. Our Earth Tones columnists say it's time to find alternatives to cheap rock salt during the winter.

late winter is a dirty time of year in Canada. The snow is dirty, the roads are dirty and winter coats, boots and especially cars have a white film on them from the road salt.

We have used a lot of it this winter to keep us safe while driving and walking, however, eventually much of the salt we have been dumping on the roads and sidewalks will be washed into waterways. Other salt that is entrained in snowbanks will end up in soil by the sides of roads.

Salt in surface water can cause toxic effects to spawning or hatching fish, and can cause metals to become dissolved in water, which can have further toxic effects. Drinking water quality, whether from surface water or groundwater, can also be impacted. Salt washed into soil doesn't go anywhere and accumulates year after year, destroying soil structure and causing fewer plants to grow in this soil and erosion to increase.

Salt by the side of roads lures animals to these "salt licks," which increases the likelihood that these animals will be hit by a car.

Now don't get us wrong, de-icing is necessary. A city can shut down for the odd severe snowstorm, but all activities cannot cease when we get a few centimetres of snow. There are, however, de-icing alternatives that should be considered for our roads.

The most commonly used road salt is rock salt, or sodium chloride, which is also the chemical that forms table salt. Alternatives to sodium chloride include magnesium chloride and calcium magnesium acetate. Magnesium chloride could cause less vegetation damage and less solubilization of metals in water than sodium chloride. It works at lower temperatures than rock salt and is commonly used in combination with rock salt when it gets very cold. It is, however, about seven times more expensive than rock salt.

Calcium magnesium acetate has much fewer toxic effects than rock salt and is, to some extent, biodegradable. The calcium and magnesium would remain in soil but the acetate would degrade. Using this alternative would avoid toxicity caused by chloride ions. It could be spread in much the same way as rock salt although because of its particle size, it may be more likely to blow around. It does, however, take longer to melt ice than rock salt does and is roughly 20 times more expensive.

Various de-icing techniques can also reduce salt use. Anti-icing, or the preemptive spreading of salt before a snowfall, can result in the requirement for less salt per unit of road surface. Prewetting the salt, i.e., spraying on the roads as a solution rather than as a powder also results in the use of less salt. Sanding is another option, although it comes with its own set of environmental issues, and probably can't be used as the sole de-icer without a severe impact to the way we travel in the winter.

When it comes to keeping our roads safe in the winter without doing further harm to the environment the truth must be faced. We are going to need to pay more for de-icing. The use of cheap rock salt is going to have to be drastically reduced and one or more of these more expensive alternatives is going to have to be phased in.

We cannot keep trading short-term cost for long-term cost.

Sophia Dore is an environmental scientist with Conestoga-Rovers & Associates. Andrew Laursen is an assistant professor at Ryerson University.

SMALL STEPS
David Suzuki
Turning your life green

Taking a bus can reduce pollutants

TRANSPORTATION If you drive to work, try riding the bus once this week.

A single bus takes 40 vehicles off the road during rush hour, saves 70,000 litres of fuel and reduces air pollutants by nine tonnes a year.

Carpooling is another environmentally-friendly option. Find a carpooling partner and make a new friend. For more information, see www.carpooltool.com/en/my/

DAVID SUZUKI FOUNDATION

Last chance to stop warming: EU

MEETING The world faces a final opportunity to agree on an adequate global response to climate change at a UN-led meeting in Copenhagen in December, the European Union's environment chief said Friday.

World leaders from about 190 countries meet in Copenhagen in December to try to agree on a global framework to replace the Kyoto Protocol on fighting global warming, which expires in 2012.

"It is now 12 years since Kyoto was created. This makes Copenhagen the world's last chance to stop climate change before it passes the point of no return," European Union Environment Commissioner Stavros Dimas told a climate conference in Budapest Friday.

With greenhouse gas emissions rising faster than projected, Dimas said it was essential that big polluters such as the United States and emerging economies in the Far East and South America also sign up for an agreement.

REUTERS

News in brief

WATER Institutional investors are urging companies to measure, disclose and reduce their use of water to reduce long-term financial risks as supplies dry up from overuse and as higher temperatures melt glaciers away. REUTERS

Metro Workology exclusive: Matters of the Heart
Don't miss Matters of the Heart, Metro's exclusive feature series in the Workology section. There are jobs to be had that focus on falling in love, falling out of love and everything in between; we will be digging up the stories for you, so check for them in Workology and on Metronews.ca/work as well.

Workology

Podcasts up grades?

New research from the State University of New York in Fredonia concluded that students who download a podcast lecture earn substantially higher test results than those who attend a large lecture in person.

METRO NEWS SERVICES

EDITOR: DOUGLAS.DUNLOP@METRONEWS.CA

Helping to weather the storm

Matters of the Heart

JON TATTRIE
for Metro Canada

If Leonardo DiCaprio hadn't slipped under the icy waters of the Atlantic after Titanic sunk, there's a good chance he and Kate Winslet would have ended up on Revolutionary Road. The film's deeply unhappy couple bogged down in trench warfare shows what can happen when young love ages badly.

Carolyn Humphreys specializes in helping couples become king of the world once more. The psychologist with almost 30 years experience in reviving dying relationships says it usually comes down to broken communications.

"They feel they don't have any intimacy anymore," the Halifax-based psychologist says. "People start off with the best of intentions and feel very safe and trusting with their partner, but it erodes over time."

The couple settles into a "relationship dance" where one attacks and the other withdraws, or both attack. Understanding falters and unexpressed emotions fester.

Humphries says it doesn't matter whether it's about money, sex or parenting: The pattern is the same. Identifying this framework of fighting allows couples to gain perspective on themselves.

When courageous couples get down to the root of conflict and open up once more, healing can bloom.

"The therapist will help each person talk about what those feelings are below the surface," Humphreys says. The other partner has a chance to listen without needing to react. This allows them to actually take in the fears of their partner.

"They might say, 'Wow, I didn't realize when you're angry, what you're really saying is that you're wondering if I'm going to leave you.' It opens up a whole other level of knowing each other."

She has seen many couples in deep crisis and says sometimes what's broken can't be fixed.

"There are times when you really see the two people are hurting each other so much, and there's been so much hurt, that there's not really much we can offer," Humphreys says. "Sometimes couples do need to say that this isn't going to work."

"The therapist will help each person talk about what those feelings are below the surface."
Carolyn Humphreys

Despite that, she remains optimistic we can find our inner Jack and Rose.

"If they still love their partner and still want the relationship to work and are willing to look at themselves and not just blame each other, I've seen couples make huge changes," Humphreys smiles. That, she says, leads to happier lives, renewed trust — and better sex.

For more Matters of the Heart exclusive series check the Workology sectionor stop by Metronews.ca/work

Quarrelling couples can be quieted, according to one couples counsellor, as long as they look at themselves rather than blaming each other for their problems.

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Dalhousie open Biomolecular Magnetic Resonance Facility
Dalhousie University unveiled its new Biomolecular Magnetic Resonance Facility at the National Research Council Institute for Marine Biosciences. The $4-million facility boasts the world's most sensitive MRI machine. METRO NEWS SERVICES

From gut feelings to a career

OddJobs

Years ago, when Lynda Doyle was young and had recently learned to drive, she came to a red light that just would not change. It was late and there was no one around. She was tempted to drive through, but a gut feeling told her to wait.

Suddenly, a car came flying through the intersection. If she'd ignored the light, it would have hit her. When the light did change, she followed her instincts again and turned. A few minutes later, she came across an accident caused by the car, and was able to help by calling the police and ambulance.

"I've always been able to trust my sixth sense; my gut feeling, I was raised that way," says Doyle, who's now 51.

The London, Ont., native was partially raised by her grandmother, who was considered a seer, and taught Doyle all she knew. But Doyle kept her gift from friends, and had no plans to make it part of her career.

She became a nurse, which she loved, but visions of her patients' futures sometimes barged into her mind. She pushed them aside. She got married and had a daughter, worked as a funeral director and then went back to school to study sociology and criminology.

Gradually, she allowed her intuition to come back into her life. She continued studying — she did a masters in women's studies and spirituality and then a PhD in metaphysics — and starting doing spiritual counselling part time.

Now, 30 years later, she's an ordained spiritualist, Reiki master and medium. She speaks to large groups, runs courses (one's called Psychic 101), and does private sessions either face-to-face, on the phone or via web cam.

Before a private session, Doyle takes 15 minutes to meditate; completely clearing her mind and focusing on her client.

In the session, she'll use tarot cards or a tool called an angel rod, if the clients wants, but she prefers just holding the person's hand and tapping into his or her energy. She starts talking about the person's health, then work, education, finances and personal life. If a client wants a reading on someone who's alive or dead, all Doyle needs is a picture and the person's birthday.

While Doyle loves her work and her clients — some of whom have been seeing her for three decades — it's not easy to get glimpses into what's really going on and the future. As a result, she avoids watching the news and has to cleanse her mind after a reading: "It doesn't stop on a dime."

Lynda Doyle knew from a young age that she had a sixth sense.

The Lowdown

Job title: Psychic/spiritualist
Salary: $65 to $85 a session
Education/training: Mentoring from another seer, extra study in spiritualism
Best part of the job: "When you look at a person's face and know they have some hope, that you've touched them in some way."
Worst part of the job: "The sad stories. It's a huge responsibility. Many times people don't admit they have a problem."

Diane Peters once hawked magic pens at the Canadian National Exhibition. She's now a writer and part-time journalism instructor.

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Sidekick in serious condition
Ed McMahon has been hospitalized with pneumonia for nearly a month and is in serious condition. "He's getting great care and he's a fighter," Howard Bragman, a longtime friend to the 85-year-old Tonight Show announcer, told TVGuide.com. **TVGUIDE.COM**

Entertainment

New direction
Drew Barrymore is apparently in the lineup of potential directors for the third instalment of Stephenie Meyers' teen-blood-lust-romance series, Eclipse.
EMPIREONLINE.COM

EDITOR: DEAN.LISK@METRONEWS.CA

A graphic adaptation

CHRIS ALEXANDER
for Metro Canada

Zack Snyder is no stranger to controversy. The slick, visionary director wet his beak in the medium of music videos before raising universal horror geek ire when he chose, as his first feature, a remake of the epic cult classic zombie film Dawn of the Dead.

But he emerged from that experience relatively unscathed — with his fresh, breathlessly-paced thriller being embraced by both mainstream critics and hardcore genre buffs alike.

Now, after tackling graphic novel greatness with the thundering 300, Snyder is poised to unleash his most high stakes and potentially controversial effort yet: A gigantic rendering of Alan Moore's celebrated anti-superhero allegory Watchman Opening Friday, it's a picture that at first appears to be another comic book film but is, in reality, light years removed from Spider-Man.

Zack Snyder, left, directs Robert Wisden in Watchmen.

"I didn't want to make a PG-13 version of a superhero movie," says Snyder, "This is a hard movie on every level, without question, and people who go in to the theatre expecting a film like X-Men are going to get punched in the face."

For more than 20 years, filmmakers of every persuasion have attempted to bring Moore's layered, complex and relentlessly nihilistic story of faded costume heroes and their varying levels of psychosis to the screen. But Snyder has used the revered source material to expand his developing sense of visual-based cinema, sculpting some of the most dynamic and potent imagery ever committed to pulp fiction filmmaking.

"I love tone and self-reflection" Snyder says. "That's what I'm all about. Paul Verhoeven's Robocop is one of my favorite movies because you can either interpret it as a movie about a robot policeman who kicks ass or as an anti-technology film about man losing touch with his place in the universe.

"So it's that kind of duel dynamic that I hope I've achieved with Watchmen."

Half-baked spinoff

Street Fighter: **The Legend of Chun-Li**

Director: Andrzej Barkowiak
Stars: Kristin Kreuk, Chris Klein, Neil McDonough
Classification: 14A
Rating:

IAN GORMELY
for Metro Canada

REVIEW Twenty years ago when a big blockbuster film came out, they made half-baked video game adaptations to promote its release.

Oh how the tables have turned. These days half-baked films are spat out to promote the games — Street Fighter: The Legend of Chun-Li, which was released a week after the unveiling of the latest installment of the one-on-one fighting game series.

The Legend of Chun-Li is the second film spun-off from these games. It provides a back story for the game's long running female character.

As a girl, Chun-Li witnessed her father's kidnapping by developer Bison (Neil McDonough) and his henchman Balrog (Michael Clarke Duncan). Fast forward a decade, and Chun Li, now an adult played by Kristin Kreuk, receives a mysterious scroll, which leads her to Bangkok. There she learns martial arts and seeks revenge.

No one expects high art from a film based on a video game, but it should at least be fun. And that's The Legend of Chun-Li's downfall. The dud of a script leads to some seriously stiff acting from a talented ensemble.

A film like Street Fighter should focus on fighting and action, but what little it has is uninspired and just boring.

Box office

Weekend ticket sales for Friday through Sunday at U.S. and Canadian theatres, according to estimates:

1. **Madea Goes to Jail:** $16.5 million US
2. **Jonas Brother 3-D:** $12.7 million
3. **Slumdog Millionaire:** $12.2 million
4. **Taken:** $10 million
5. **He's Just Not That Into You:** $5.9 million
6. **Paul Blart: Mall Cop:** $5.6 million
7. **Coraline:** $5.3 million
8. **Street Fighter:** $4.7 million
9. **Confessions of a Shopaholic:** $4.5 million
10. **Fired Up:** $3.8 million

REUTERS

GlobalStyle

Kenya Hunt

Read Milan Fashion Week reviews, exclusively at metronews.ca/globalstyle

See complete online movie listings, trailers, reviews and purchase tickets at metronews.ca/movies

VA	Vu	SC	C		7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00
primetime 3/2/09	251	308	3	CBC	Coronation St.	Jeopardy! (N)	Little Mosque	Sophie	Just for Laughs (N) (CC)		CBC News: The National (N)		(:05) The Hour
	255	358	6	JOY	E! News	The Insider	The Soup	How I Met	Engagement	Engagement	Snoop Father	Snoop Father	News (N)
	254	-	8	M	Two/Half Men	Two/Half Men	Omni News: Mandarin Edition		News: Cantonese Edition		Omni News: Punjabi Edition		Metropia
	250	321	9	CTV	etalk (CC)	Hollywood	Big Bang Th	Gary Unmarr	Two/Half Men	Corner Gas	CSI: Miami "Sink or Swim" (N)		News (N)
	-	-	10	OMNI	The Daily	Frasier (CC)	The Practice "Another Day"		One Tree Hill (CC)		Scrubs (CC)	Randall Mark	New Day
	252	336	11	GTV	Entertainment	ET Canada	24 "Day 7: 6:00PM - 7:00PM; Day 7: 7:00PM - 8:00PM" (N)				Heroes "Exposed" (N) (CC)		News (N)
	256	389	12	VI	Instant Star	TMZ (N) (CC)	Gossip Girl (CC)		Ghost Whisperer (CC)		Medium (N) (CC)		News (CC)
	253	359	13	CITY	Law & Order: SVU		The Bachelor (CC)				The Bachelor (CC)		The List
	-	-	14	CW	Deal-No Deal	Deal-No Deal	Gossip Girl (CC)		One Tree Hill (CC)		Seinfeld	Seinfeld	Frasier (CC)
	289	381	15	CBS	Entertainment	The Insider	Big Bang Th	How I Met	Two/Half Men	Engagement	CSI: Miami "Sink or Swim" (N)		News (N)
	287	379	16	NBC	Evening Mag.	Inside Edition	Chuck (N) (CC)		Heroes "Exposed" (N) (CC)		Medium (N) (CC)		News (N)
	602	568	19	W	Will & Grace	Friends (CC)	How Clean	Kim	Love It or List It		Dollars	Smart Cookies	Maxed Out
	288	380	21	ABC	Wheel-Fortune	Jeopardy! (N)	The Bachelor (Season Finale) (N) (CC)				(:02) The Bachelor (N) (CC)		KOMO 4 News
	-	-	23	KVOS	M*A*S*H	Seinfeld	Love Walked In ★★ (1997, Suspense) Denis Leary.				King	Still Standing	Scrubs (CC)
	291	383	27	PBS	Steves Europe	Antiques	Antiques Roadshow (CC)		Yanni Voices: Live From the Forum in Acapulco				Rock-Rhythm
	290	382	28	FOX	Two/Half Men	Two/Half Men	24 "Day 7: 6:00PM - 7:00PM; Day 7: 7:00PM - 8:00PM" (N)				News (N) (CC)		Family Guy
	-	364	43	PBS	Finding Your Own True Love-Diana			Dr. Wayne Dyer: The Power of Intention (CC)					
	296	654	64	SBK	Frasier (CC)	Frasier (CC)	Punk'd (CC)	South Park	Cheers (CC)	Half & Half	The Insider	Entertainment	Paid Program
	298	653	65	TLA	Two/Half Men	Two/Half Men	Gossip Girl (CC)		One Tree Hill (CC)		KTLA Prime News (N) (CC)		Friends (CC)
	295	651	66	WGN	WGN News at Nine (N) (CC)		Family Guy	Two/Half Men	According-Jim	Sex and-City	Friends (CC)	Friends (CC)	My Wife-Kids
	297	652	67	WPX	PIX News at Ten Tong. (N)		Two/Half Men	Friends (CC)	Sex and-City	According-Jim	Frasier (CC)	Frasier (CC)	Odd Couple
	199	311	76	STR	News (N)	News		Late Show-Letterman		Late Late Show		Will & Grace	Seinfeld
news	502	390	26	NW	Miracle on the Hudson (CC)		CBC News: The National (N)		CBC News: The National		Miracle on the Hudson (N)		National
	500	500	33	CNN	Anderson Cooper 360 (CC)				Larry King Live		Anderson Cooper 360 (CC)		Cooper 360
sports	407	419	22	RSP	Best Damn Sports Show		Hockey	Canucks TV	The Ultimate Fighter		Sportsnet Connected		Sportsnet
	400	400	30	TSN	SportsCentre	That's Hockey	SportsCentre	Off the Record	Boxing Friday Night Fights. (Taped) (CC)				SportsCentre
	411	457	49	OLN	Dog: The Family Speaks		Survivorman (CC)		Mantracker (CC)		Dog: The Family Speaks		Survivorman
	410	403	54	SCR	WWE Monday Night Raw		(:15) Score Tonight		WWE Monday Night Raw (CC)				Cabby Unlimit
	417	406	55	SC	Barrett-Jackson		Car Crazy	Pass Time	This Week in NASCAR		SuperCars	SuperCars	Auctions
	416	409	144	GLF	Footballers	Legends	Gol TV News	Ole: La Liga		Gol TV News	Paid Program	Gol TV News	Gol TV News
family	552	543	25	YTV	Adrenaline	Prank Patrol	Malcolm-Mid.	Futurama	Prank Patrol	Zixx Level	Falcon Beach "Local Heroes"		Mystery Hnt.
	555	545	50	TEL	Totally Spies	Total Drama	6TEEN (CC)	6TEEN (CC)	Futurama	Punch (CC)	Chicken	American Dad	Moral Orel
	557	541	51	FAM	Wizards-Place	Han. Montana	Zack & Cody	Latest Buzz	Wizards-Place	Life Derek	Ned's School	Cory in House	Zack & Cody
	553	546	56	TRE	Comfy Couch	Big & Small	Max & Ruby	Babar (CC)	Backyard	Dora-Explorer	Go, Diego, Go!	Franklin	Comfy Couch
cable variety	268	354	5	KNO	Undersea	Landscape	History of Britain (CC)		Life and Times of Frida Kahlo		Elton John-Opera House		Haida Art
	575	583	20	CMT	Hope & Faith	Hope & Faith	Coyote Ugly	Coyote Ugly	Home Imp.	Home Imp.	Reba (CC)	Reba (CC)	Hope & Faith
	570	580	24	MM	MuchTalks	Video on Trial	MuchVibe (CC)		So You Think You Can Dance		So You Think You Can Dance		TBA
	600	564	29	H&G	Price	Petal Pushers	Holmes on Homes (CC)		Property	Income Prop.	House	For Rent	Price
	615	520	31	A&E	Paranormal	Paranormal	Paranormal	Paranormal	Intervention "John" (CC)		Intervention "Nik and Tiffany"		Paranormal
	628	584	32	SPKE	Scariest Police Shootouts! 2		Special Forces (CC)		CSI: NY "Open and Shut"		Disorderly Conduct: Video		Videos
	521	560	34	TLC	Jon & Kate Plus 8 Road		Little People	Little People	Jon & Kate	Jon & Kate	Jon & Kate Plus 8 Road		Little People
	616	522	39	SHO	The Outer Limits (CC)		Kink in Hair	Kink in Hair	Kenny-Spenny	Rent-A-Goalie	Name Is Earl	Testees (CC)	House (CC)
	620	523	40	BVO	A Bronx Dream (CC)		Law & Order "True Crime"		Without a Trace (CC)		Just Looking ★★ (1999) Ryan Merriman.		
	601	562	41	SLC	Project Runway Canada		ET Canada	Matchmaker	Project Runway Canada		Trading Spouses		Biggest Loser
	520	505	42	DIS	Guinea Pig	Guinea Pig	Daily Planet (CC)		Dirty Jobs (CC)		Guinea Pig	Guinea Pig	MythBusters
	522	506	44	HIS	NCIS "One Shot, One Kill"		Battle 360 (CC)		Battlefield Mysteries (CC)		NCIS "One Shot, One Kill"		Sea Hunters
	627	528	45	SPC	Sarah Connor Chronicles		Stargate SG-1 "Watergate"		Star Trek: Next Gener.		Star Trek: Voyager (CC)		Star Trek: Ent.
	294	650	47	TBS	Name Is Earl	Name Is Earl	Seinfeld	Sex and-City	Sex and-City	Scream ★★★ (1996, Horror) (PA) Neve Campbell. (CC)			
	619	525	48	TROP	TV Made	News Show	Tube Tales	E News	Make	TV Made	Planet Soap	Reality	Deal-No Deal
	603	561	52	FN	Hell's Kitchen (CC)		Chef School	Chef School	Challenge (CC)		Food	Road Tasted	Hell's Kitchen
	626	547	57	COM	Air Farce	Just for Laughs (CC)		Corner Gas	The Simpsons	South Park	Brian Regan: Standing Up		Daily Show
	320	621	60	CEN	Sanctuary "The Five" (CC)		U.S. of Tara	Secret Diary	ZOS Zone of Separation (N)		Brotherhood (CC)		Sanctuary
	581	566	101	MTV	The City (N)	City Live After	MTV Live	MTV News	Making the Band 4 (CC)		The City	City Live After	MTV Live
	261	394	102	V	Twist of Faith	Clergy	Poltergeist: The Legacy		Fires Within ★★ (1991) Jimmy Smits, Greta Scacchi. (CC)				Paid Program
	-	-	109	MUL	Eight Heroes	Mom's-Upset	It Will Be Difficult to Love		Marimar		Pinoy: That's Entertainment		Patrol World

critics' corner

Heroes
Acting on a tip from Rebel, Matt and Peter (Greg Grunberg, Milo Ventimiglia) race to Building 26 to rescue Daphne (Brea Grant) and recover files that will expose the government's plans for those with abilities. An unlikely source helps Claire (Hayden Panettiere) smuggle Alex (Justin Baldoni) out of the city. Sylar (Zachary Quinto) begins to have memories about his father, leading him to the truth about his mother in the new episode "Exposed." 4 PM on STR, 9 PM on NBC, 10 PM on GTV

Paranormal State
Ryan Buell and the Paranormal Research Society team travel to West Virginia, hoping to help a family whose quiet home in the mountains has turned into a real-life horror movie. Kathy, the mother, has suffered mysterious burns, while her new husband says he saw a floating head, and her two daughters are being haunted by eerie premonitions. Psychic Chip Coffey also joins the PRS team. 7 PM on A&E

Swift takes decor cues from star pals

Country star Taylor Swift plans to turn her first home into a replica of pals Tim Mcgraw and Faith Hill's Los Angeles pad after living there while shooting scenes for an episode of CSI: Crime Scene Investigation, femalefirst.co.uk reports. METRO NEWS SERVICES

Celebrity Buzz

Patch-up in progress?

RELATIONSHIP Rihanna and Chris Brown are "definitely together" and focusing on a reconciliation, a source tells People.

The pair, who are currently spending time together at Sean (Diddy) Combs' house on Miami Beach's Star Island, are staying indoors as they hash things out, people.com adds.

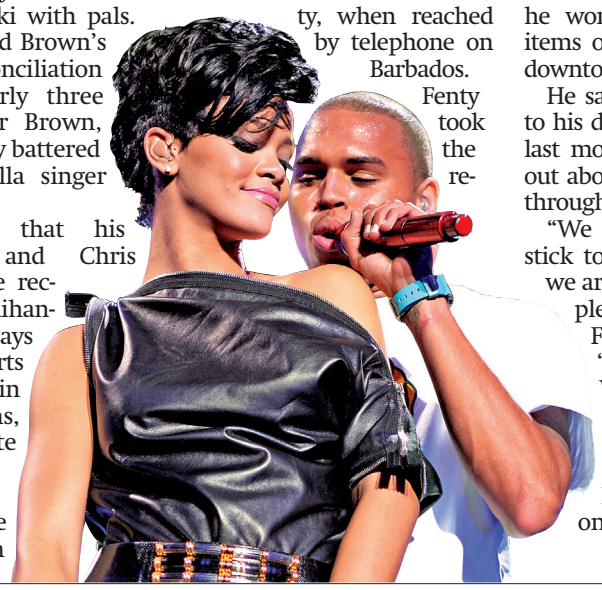
"They are definitely together and care a great deal about each other," says a Miami source. "They feel like staying in and working through their issues. So far they have not wanted to go out."

Brown, however, did venture out earlier on his own. On Thursday he hit the water to jet ski with pals.

Rihanna and Brown's alleged reconciliation comes nearly three weeks after Brown, 19, allegedly battered the Umbrella singer on Feb. 8.

Learning that his daughter and Chris Brown have reconciled, Rihanna's father says he supports the singer in her decisions, the website adds.

"Whatever road she chooses, I'm behind her," said Ronald Fenty, when reached by telephone on Barbados. Fenty took the reunion in stride Saturday, as he worked selling novelty items on a street corner in downtown Bridgetown.



He says he hasn't spoken to his daughter since earlier last month and only found out about the reconciliation through the media.

"We are a family who stick together even though we are apart," he told People. As for Rihanna, Fenty would only say, "She's a smart girl."

When asked what he would tell Brown as a father, the website says he demurred: "I have no comment on Chris Brown."

METRO NEWS SERVICES

Jolie 'depressed' over kids, Pitt

FAMILY Angelina Jolie is "really depressed," femalefirst.co.uk reports.

The actress — who was seen apartment hunting alone in New York recently — has reportedly told partner Brad Pitt she needs some time alone after struggling to cope with the pressures of raising their six young children.

A source said: "Angelina has told Brad she needs her space. She is a fiercely independent person and needs time alone to feel sane and happy.

"Her tendency is to bolt. When she is feeling stressed and overwhelmed she often goes away by herself," the source added. "Angelina is in a really low place at the moment and she seems really depressed."

"There is a massive tension between her and Brad and they have been fighting."

Friends claim the couple's relationship is in trouble because Jolie, 33, is becoming increasingly unhappy with 45-year-old Pitt's changing attitude, the website adds.

"Brad is beginning to reassert himself. This appears to be freaking her out," an insider reportedly said.

"It won't have helped that in recent months he's been enjoying more nights out with the boys."

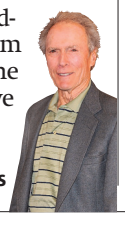
METRO NEWS SERVICES

Heigl's hubby asks mom to back off

IN-LAWS Looks like Katherine Heigl's husband has been getting fed up with his mother-in-law's meddling. According to Star magazine, the Grey's Anatomy star's mom, Nancy, has been hounding Heigl's hubby, Josh Kelley. "She often tries to tell (Josh) what to do," a source tells Star of Nancy. "He's asked her to back off a bit, but she hasn't. So now he just smiles and says nothing." METRO NEWS SERVICES

Too much political correctness: Clint

OPINION Clint Eastwood is tired of everyone being so politically correct. "We're all spending too much time and energy trying to be politically correct about everything," Eastwood told Germany's Der Spiegel. "We constantly made jokes about different races," the Gran Torino actor said about the good old days. "Every friendly clique had a 'Sam the Jew' or 'Jose the Mexican' — but we didn't think anything of it."



METRO NEWS SERVICES

Lohans work on weight

ADVICE Lindsay Lohan's family has begged her to put on weight, femalefirst.co.uk reports.

The Mean Girls actress' mother Dina and 15-year-old sister Ali want the thin star to return to the family home in Long Island so they can make sure she is eating.

"That way Dina and Ali can look after her and stop her skipping meals. It would be the best thing for her," a source said. "We know it's stress behind the weight loss."

But the 22-year-old star — who has reportedly lost nearly 14 pounds from her already-slender frame in the past two months — has reportedly refused to leave Los Angeles without her girlfriend, DJ Samantha Ronson.

The source said: "She won't be away from Sam. She's too insecure." Lohan hasn't even been tempted by junk food bought for her by her worried sister.

The source explained: "For a while, Ali was buying her pizza, fries, chips and all her favourites. But she just sits there, taking a few bites, then picking at the rest. She really isn't fooling anyone."

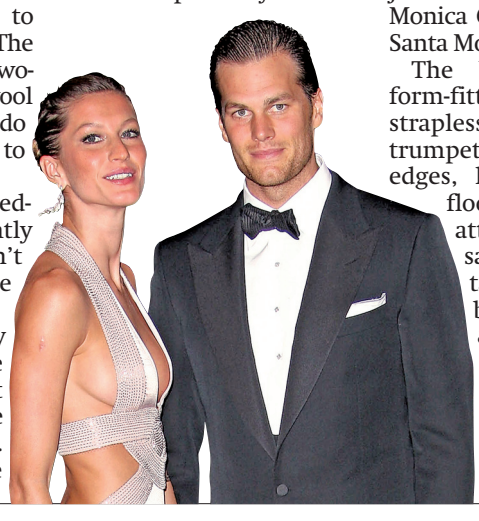
METRO NEWS SERVICES

Brady wedding details out

NUPTIALS Usmagazine.com has new exclusive details of Tom Brady's wedding to Gisele Bundchen. The groom donned a gray two-button peak lapel pure wool suit made by Ermenegildo Zegna, a source confirms to the magazine.

And — because the wedding was kept so tightly under wrap — he didn't special order it, the source adds.

"I think he definitely wore something that he already had because it was such a last-minute thing," the source says. "Every suit that he wears is made-to-measure to fit him perfectly."



The couple wed Thursday just before 6 p.m. at the St. Monica Catholic Church in Santa Monica, Calif.

The bride donned a form-fitting ivory lace strapless gown with a trumpet skirt, scalloped edges, long train and a floor-length veil with attached handmade satin roses and attached satin headband, all by Dolce & Gabbana. Her three dogs also wore matching Dolce & Gabbana floral lace collars.

METRO NEWS SERVICES

Britney to kick off make-or-break tour

CONCERTS The elaborate costumes are packed. The 16 semis filled with magic props and big-top sets are on the road, people.com reports.

When Britney Spears takes the stage at the New Orleans Arena tomorrow — the opening night of her Circus tour — the stakes will never be higher. After more than two years of personal drama, the tour will either make or break the professional comeback she began last fall.

According to sources, Spears, 27, who left Friday for Louisiana, has been hard at work preparing for the show.

"She's pretty determined," a friend tells People. "She missed singing and performing and the freedom of that ... it's what she loves to do, so she's definitely thankful to be doing that again."

Though the pop star seemed to be back in old Britney form when she sang Womanizer on Good Morning America in December, the concert will be her biggest performance since her disastrous appearance at the 2007 MTV Video Music Awards.

"I've got to believe she's ready and will do a professional show," Gary Bongiovanni, editor-in-chief of the concert trade magazine Pollstar, says. "If she doesn't, it's over."

METRO NEWS SERVICES

All inclusive prices include conventional Laser Vision Correction with microkeratome. Additional fees for post-operative care. Burnaby prices only. Prices subject to change without notice and not combind with any other offer. Customvue and IntraLase are additional fees.

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Today 90% Showers 10° / 4°
Tuesday 80% Showers 9° / 4°
Wednesday 70% Showers 8° / 2°

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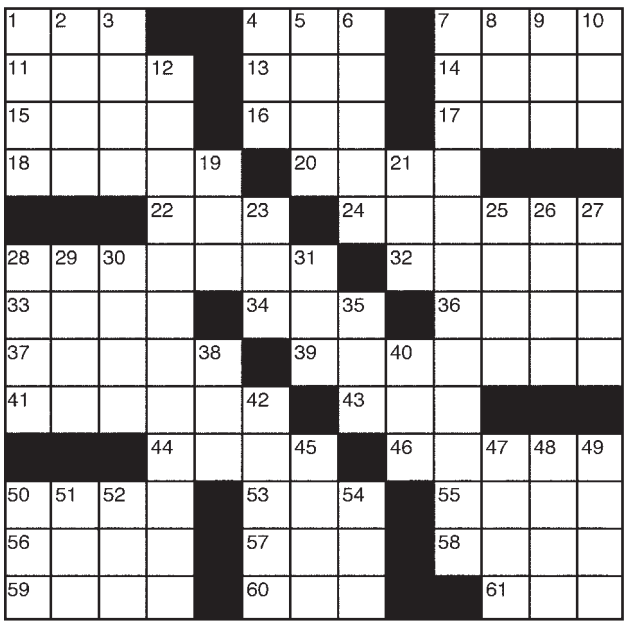
Take Five



Crossword across

1 Incorrect
4 "Lost" network
7 Young tulip?
11 Equestrian game
13 Scrooge's cry
14 Black-and-white cookie
15 Basin accessory
16 Blackbird
17 One
18 Pristine
20 Singer Campbell
22 Pinch
24 Completely
28 Used mouthwash
32 Pancake topper
33 Author James
34 Wrigley product
36 "..., oh, where can —?"
37 Support
39 Disarmed a bomb
41 Pago Pago dweller
43 Pale
44 Beehive State
46 Desolate
50 "So be it"
53 Total
55 Squared away
56 Work in the mailroom
57 Get older
58 Carnival attraction
59 Move back and forth
60 Lower limb
61 Buck's mate

Crossword down

1 Oil-cartel acronym
2 Poultry
3 Run away
4 "The — Daba Honeymoon"
5 "Pow!"
6 Tex-Mex entree
7 Seeker of fugitives
8 Spigoted vessel
9 Floral neckwear
10 Automaton, for short
12 Anaheim is there
19 Zero
21 Type measures
23 Dowel
25 Raw rocks
26 Oil paint container
27 Newspaper page
28 Chatters
29 Taj Mahal city
30 Paper quantity
31 Flop
35 Kitten's call
38 Nosh
40 Mis' neighbors
42 Twangy
45 Ginormous
47 Eager
48 Start over
49 Dandling site
50 Donkey
51 Do lawnwork
52 Historic time
54 "Family Guy" daughter

Sudoku

For more/less challenging Sudoku puzzles, visit metronews.ca

HOW TO PLAY: Digits 1 through 9 will appear once in each zone — one zone is an outlined 3x3 grid within the larger puzzle grid. There are nine zones in the puzzle. Do not enter a digit into a box if it already appears elsewhere in the same zone, row across or column down the entire puzzle.

3			6		4			
5	9						3	2
	1			5		7		
	5		7	6				9
		1				6		
8				4	5		2	
		9		1			8	
1	2						6	4
			5		2			1

PREVIOUS DAY'S CROSSWORD AND SUDOKU ANSWERS:

S	I	N	G	S	■	B	B	C
K	N	E	E	L	■	O	R	R
I	N	T	R	O	■	B	A	Y
■	■	I	M	B	I	B	E	■
B	I	Z	■	S	O	L	■	H
O	R	E	S	■	W	E	B	E
B	A	N	A	N	A	■	O	R
■	■	■	L	I	N	G	O	■
R	E	C	A	P	■	R	E	S
A	L	U	M	■	S	E	D	A
C	A	B	I	N	E	T	■	H
E	T	A	■	A	L	E	■	I
D	E	N	■	G	A	L	■	B

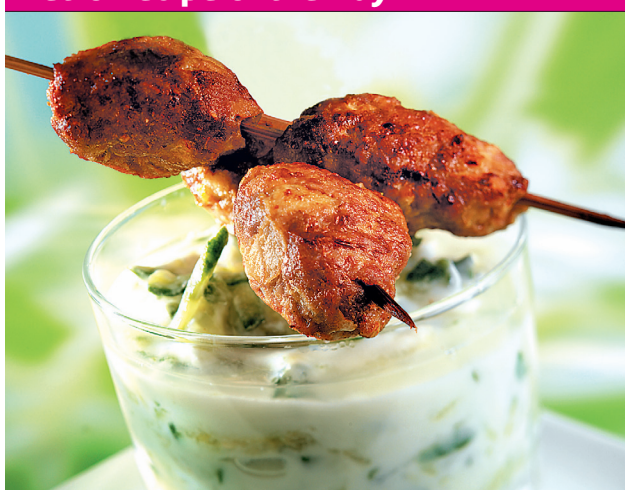
E	L	M						
N	E	O						
O	N	E	T					
P	U	R	E					
T	S	T						
■	■	■						
■	■	■						
S	E	A	S					
T	S	P						
■	■	■						
H	O	U	S	E				
I	N	K	E	D				
B	E	E	T	S				

3	6	8	7	2	9	1	4	5
2	7	4	1	5	6	8	3	9
9	1	5	3	8	4	7	2	6
7	4	2	9	3	5	6	8	1
1	8	9	4	6	7	3	5	2
6	5	3	2	1	8	9	7	4
5	3	6	8	9	2	4	1	7
4	9	1	5	7	3	2	6	8
8	2	7	6	4	1	5	9	3

Find today's answers + play more games at metronews.ca

SUDOKU SOLVE TIME:
Under 13 min .....Genius
13-17 min.....Scholar
17-21 min .....Smart
21-25 min .....Not bad
25+ min.....Keep practising

Metro Recipe of the Day



Spiced Lamb Kofta

INGREDIENTS FOR KOFTA:
1 lb (500 g) lean ground lamb
1 onion, finely chopped
1 egg
1/4 tsp (1 ml) ground cumin
1/4 tsp (1 ml) ground cinnamon
salt and freshly ground black pepper
3 tsp (15 ml) olive oil

INGREDIENTS FOR CUCUMBER YOGURT:
2/3 cup (150 ml) Greek-style yogourt
3 tsp (15 ml) olive oil
1/2 cucumber, coarsely grated
1 garlic clove, crushed
salt and freshly ground black pepper

METHOD:
1. Soak eight wooden skewers in cold water 30 minutes. Alternatively, use metal skewers.
2. Mix ground meat, onion, egg and spices in bowl. Add salt and pepper, then bind mixture together either in food processor or by kneading with hands.
3. Divide mixture into sixteen equal portions, then roll into balls. Thread two meatballs onto each skewer, leaving 3/4 in. (2 cm) between them. Lightly brush with oil. Preheat grill or broiler to moderate heat.
4. For dip, blend yogourt with oil. Stir in cucumber, garlic and salt and pepper to season. Mix well and chill until ready to serve.
5. Put skewers on grill or under broiler. If using broiler, ensure that meatballs are about 4-3/4 in. (12 cm) from heat, and watch the skewers carefully when cooking to avoid burning. Cook for about 15 minutes, turning regularly, until golden. Serve with the yogourt dip.

SERVES 4

rd.ca

For nutritional information on this and other great recipes, go to **rd.ca** or check out **Key Ingredients in this month's Reader's Digest, on newsstands now!**

Horoscopes

AVATAR VENUS

ARIES
MARCH 21-APRIL 20
An anxious person pretends to be heroic. Something in the mail will awaken a fine romance. Do something bizarre for an unfamiliar man.

TAURUS
APRIL 21-MAY 21
Work on developing your strength of spirit. Nothing makes sense when a prize is beyond your reach. Anxiety over a confrontation causes a failure.

GEMINI
MAY 22-JUNE 21
An urgent situation means that stupidity is rampant. A stylish person has a complicated finale. A forecaster has some hidden knowledge.

CANCER
JUNE 22-JULY 22
Watch out for siblings in distress. The meaning of sentimental drivel is revealed. Dedicate yourself to initiating a wise discussion.

LEO
JULY 23-AUG 23
A good-for-nothing visitor's loneliness will fade away. Issues with a mother are about to cause a hurried departure. Take your time to plan strategy.

VIRGO
AUG 24-SEPT 22
Someone is very upset about a shock. Travel delays must be taken into account. Forget about dealing with inconsiderate people.

LIBRA
SEPT 23-OCT 23
A foreigner insists on taking advantage of you. A hot-headed fool will be leaving you alone soon. A woman regrets making a hasty wisecrack.

SCORPIO
OCT 24-NOV 22
An alliance with creative types will increase your income. Someone's distress can be reduced. A voice from the past repairs a broken heart.

SAGITTARIUS
NOV 23-DEC 21
Be amused when faced with a difficult decision. Trust an elder when differences are patched up. A love affair fills you with excitement.

CAPRICORN
DEC 22-JAN 20
Someone is ready to rethink a situation. You'll feel better after persevering with your original plan. Don't clash with a funny man.

AQUARIUS
JAN 21-FEB 18
Grit your teeth when a stingy guy makes you irritable. Date a friend for a chance at love. An insomniac will make you feel guilty.

PISCES
FEB 19-MARCH 20
Don't get flustered when someone celebrates good news. You'll have a disturbing impact by making a decision. A confident speech saves the day.

WORDY GURDY®

BY TRICKY RICKY KANE

Every answer is a rhyming pair of words (like FAT CAT and DOUBLE TROUBLE), and they will fit in the letter squares. The number after the definition tells you how many syllables in each word.

1. Everyone writes fast and illegibly (1)
2. Outscore Miami's NBA team (1)
3. Dirt-free headmaster (1)
4. Mallard-filled Mack vehicle (1)
5. Lessening the amount of "Ah-choo!"-ing (2)
6. In-shape-ness observer (2)
7. 4, 5, or 6 golf club on a football field (3)

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ANSWERS
1. ALL SCRAWL 2. BEAT HEAT 3. CLEAN DEAN 4. DUCK TRUCK 5. FASING SNEEZING 6. FITNESS WITNESS 7. GRIDIRON MIDIRON

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